



Training & Outreach
Federation of Westminster Special Schools

TRAINING, ADVICE & CONSULTANCY

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Sex and Relationship

26th & 27th November – 9:00 to 16:30

✓ Cost

Westminster state-funded schools and settings: £200.00

Independent and out of borough schools and settings: £200.00

Online payment only

✓ Venue

Access and Inclusion Centre,
Queen Elizabeth II Jubilee
Kennet Road, London, W9
3LG

✓ Contact details:

l.pina@qe2cp.westminster.sch.uk

020 7641 5825

PRESENTED BY Alex Kelly

Friendships and relationships can be difficult but contribute hugely to our happiness and self-confidence when we get them right. This subject is crucial to people's health, happiness and safety but is often side-lined due to facilitator knowledge and lack of resources.

This 2 day course will cover not only the theory behind why we need to teach students to manage their relationships appropriately but also how we can do this in school. We will cover the underpinning social behaviours needed to teach relationships skills and sex education, including how to assess and develop self-confidence.

We will then look at how to teach some of the more difficult topics such as consent, body awareness, and understanding sex and sexuality. This course will teach you how to assess someone's knowledge and skills, run effective structured groups and interventions, clearly show the outcomes of your work and have ideas on how to help students transfer the skills they have learnt into their everyday lives.