

HALAL THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 18/04, 09/05, 30/05, 20/06, 11/07, 01/08, 22/08, 12/09, 03/10, 24/10,



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Burrito
A soft wrap filled with lightly spiced veggies and rice

Chicken Tikka Masala with Rice

Roast Chicken with Roast Potatoes and Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Beef Bolognese
A classic Italian beef Bolognese in a yummy tomato sauce

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish

Macaroni Cheese
Cheesy macaroni pasta

Veggie Korma
with Bombay Potato

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy
A chunky sweet potato and chickpea roast

Butternut Squash and Tomato Bake with Rice
A delicious butternut squash and tomato bake served with rice

Quorn Dippers and Chips
Crispy Quorn nuggets

Salads

A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

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Jacket Potato

Jacket Potato
with a choice of fillings

Jacket Potato
with salmon mayonnaise and a choice of fillings

Jacket Potato
with a choice of fillings

Jacket Potato
with a choice of fillings

Jacket Potato
with a choice of fillings

Pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

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Vegetables

Green Beans and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn

Baked Beans and Peas

Desserts

Chocolate Ice Cream

Secret Brownie

Yoghurt and Fresh Fruit Slices

Yoghurt and Fresh Fruit Slices

Biscuit with Fresh Fruit Slices

SPRING/SUMMER 2022

PACKED LUNCH—AVAILABLE DAILY

CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 2 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07, 08/08, 29/08, 19/09, 10/10, 31/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Veggie Bolognese
Penne pasta in a yummy tomato sauce

Allegra's Asian Sticky Rice
Chicken and vegetables in sweet sauce with Rice

Roast Chicken with Roast Potatoes and Gravy

Beef Bolognese

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

Allegra's BBQ Beans
Tasty BBQ beans served with cornbread

Creamy Vegetable Pie with Roast Potatoes and Gravy
Creamy vegetable pie with a cheesy shortcrust topper

Mild Chickpea and Potato Curry
Served with wholemeal rice

Quorn Dippers and Chips
Crispy Quorn nuggets

Salads

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

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Jacket Potato

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

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Pasta

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Vegetables

Carrot Sticks and Cucumber Sticks

Peas and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Flapjack with Fruit Slices

Peach Shortbread Pudding and Custard

Chocolate Ice Cream

Fruity Chocolate Brownie

Vanilla Ice Cream

SPRING/SUMMER 2022

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AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 3 MENU

W/C: 02/05, 23/05, 13/06, 04/07, 25/07, 15/08, 05/09, 26/09, 17/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING/SUMMER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Macaroni Cheese Cheesy Macaroni Pasta	Chicken Tikka Masala with Rice	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Burrito A soft wrap filled with fresh beef and rice	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	Veggie Sausage and Mash with Gravy Fluffy mash with veggie sausages and rich gravy	Allegra's Cheesy Peasy Risotto Bake A delicious baked cheesy pea risotto	Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy A chunky butternut squash and potato slice	Veggie Lasagne served with a bread wedge Delicious sheets of pasta layered with veggies and tomato sauce	Quorn Dippers and Chips Crispy Quorn nuggets
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Peas and Carrots	Sweetcorn and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Oatie Biscuit with Fruit Slices	Apple and Carrot Yoghurt Muffin	Strawberry Ice Cream	Chocolate Sponge Cake	Banana and Apricot Flapjack

PACKED LUNCH—AVAILABLE DAILY

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AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

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