

Understanding Autism and Effective Interventions

2nd Nov Understanding Autism - Looking at current myths and facts; diagnostic criteria [communication/social/flexibility/sensory issues]; people with ASD describing their experiences; cognitive theories which explain how people with ASD perceive the world.

16th Nov Understanding Autism - repeat of 2nd Nov training

5th Dec Autism: Understanding Behaviour - Analysing behaviour, looking at underlying factors linked to an understanding of autism. Using the STAR [setting, trigger, action, result] approach to examine and respond to behaviour.

11th Jan Autism: Visual Support and Structured Learning - Looking at how to create a supportive environment in the classroom: setting up clear physical structures, daily schedules, work systems and visual instructions.

8th Mar Autism: Supporting Social Interaction - Modelling interventions that can support social interactions: Lego, TALKABOUT, Playground Strategies. Looking at Social Stories and Comic Strips.

25th April Autism and Anxiety - Looking at reasons for high levels of anxiety experienced by people with autism. Looking at a range of interventions to help reduce anxiety.



Access & Inclusion Centre

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Participants must have attended one of the training sessions on Understanding Autism in November [or equivalent training] before coming to other sessions.

Target Audience: School staff [e.g. teachers, LSAs, mentors] working with pupils with an ASD

Cost: FREE to Westminster, £25 for each session to all other participants

Time: 10am - 12.30pm

Westminster Access and Inclusion Centre located at QE2 School, is a provider of **specialist training** for Westminster school communities, other London boroughs, and nationally, through a range of events, conferences and training days. We are in the process of creating a regional resource base of training information and specialist training programs on offer from nationally and internationally renowned skilled and expert trainers delivered to a wide range of professionals and families.