



Training & Outreach
Federation of Westminster Special Schools

TRAINING, ADVICE & CONSULTANCY

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Protective Behaviours Training (Day 2)

Friday 29th March 2019 9.30am – 4.30pm

Day 2 of 2

About Protective Behaviours

Protective Behaviours is a practical down to earth approach to personal safety. It is a process that encourages self-empowerment and brings with it the skills to raise self-esteem and to help avoid being victimised. This is achieved by helping individuals recognise and trust their intuitive feelings (Early Warning Signs) and develop strategies for self-protection. The Protective Behaviours process encourages an adventurous approach to life that satisfies the need for fun and excitement without violence and fear.

For more information please visit PBPeople.org.uk, a site run for and by the Protective Behaviours community where you will find a detailed history of the Protective Behaviours process along with a directory of other independent trainers in the UK - there is also a Discussion Forum (a great place to ask questions, swap ideas and share stories)

About the trainer

Sally Ann Hart has a background working as a teacher, Portage visitor, infant massage instructor and a freelance trainer specialising in Protective Behaviours, (PBUK accredited). She has worked with young people, parents, teachers, practitioners and with a variety of special educational needs. Sally Ann is particularly interested in helping parents and practitioners meet the needs of babies and young children. For this reason she has developed this area within her PB work and made links with other projects including 'The Northamptonshire Baby Room Project' and Hertfordshire's 'My Baby's Brain: 5 to Thrive resources'. Sally Ann has also worked with undergraduate students reading Early Childhood Studies at the University of Northampton and as a specialist adviser to the Dot Com Children's Foundation charity helping to develop resources that both promote and are consistent with the PB process. Sally Ann uses Protective Behaviours on a daily basis both in her work and with her own family including a dog! Sally Ann's most recent post was working as a Pre-School Teacher (SEN)/Area SENCo within Northamptonshire Children & Young People's Service. Currently, her roles include elected Executive Officer of the Protective Behaviours Association and Senior Partner in the Protective Behaviours Training Partnership

✓ **Cost (both days)**

Westminster state-funded schools and settings: £130.00

Independent and out of borough schools and settings: £130.00

Online payment only

✓ **Venue**

Access and Inclusion Centre,
Queen Elizabeth II Jubilee
Kennet Road, London, W9
3LG

✓ **Target audience:**

Parents, children, Early
Years practitioners,
teachers, childminders,
health and social workers

✓ **Contact details:**

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