# **ALL FOR YOUTH**



### Share your voice

#### Welcome to the All for Youth newsletter!

This inclusive newsletter is a way for you to share your voice with other children and young people across Westminster and Kensington and Chelsea.

Welcome to our first edition of 2021. In this issue you will find:

- Jamie's Bean Bag Game
- Community News about Kensington Queensmill School
- An important mental health survey
- Meet Simon from our News Crew
- Online activities to keep you busy
- Art competition and games corner



Thanks for sharing your artwork Ted!

## Do you want to get involved?



Want to have your say while meeting new people and having fun? Then join our brand-new group for young people with additional needs or disabilities (SEND). This group will speak about important issues, plan events for young people, check information is accessible and lots more.

### Are you interested in being a writer for our newsletter?

We are looking for young writers to contribute to future editions of the newsletter. You could write articles or reviews, submit recipes, artwork and photos or recommend apps, movies or places to go!

Find out more information on both groups by <u>emailing Marianna</u> or visiting our <u>Participation and Young People's Voice Page</u>

## Jamie's Bean Bag Game

As part of the after-school club sessions at the Tresham Centre, Jamie has created an interactive game involving bean bags. After a successful first trial that was a lot of fun, he has shared the instructions on how to play the game with us.

Why not try out the game at home and let us know how you get on?

### **Get the Bean Bag**

#### You need:

- An open space
- 2 4 players
- 2 4 bean bags
- A referee



#### Instructions:

- 1. Put the bean bags at the other end of the space. (Jamie played in a hall but you could try indoors, if you have enough room, or in an open space outdoors).
- 2. Players line up to get ready.
- 3. On the word go, players race to get the bean bag then race back to the finish line.
- 4. First to cross the line wins.

Are you looking for activities to do in your local area?

Visit the Local
Offer for
Westminster and
RBKC

## **Community News**

This year a brand-new special school will be opening in Kensington and Chelsea.

It will be the first dedicated school in the borough for young people with additional needs and autism. Kensington Queensmill School will open in September 2021 on Barlby Road.

Young people from one of our local special schools were involved in naming the new school and even came up with one of the names that was voted on.

Visit the <u>RBKC YouTube channel</u> to see staff and pupils from Queensmill celebrating the naming of the new school.



Some of the students from St Marylebone Bridge School helped with the naming.





Kensington Queensmill will have colourful new sensory resources.

# Help us develop a new health and wellbeing service for young people

We want to hear your thoughts on the current mental health offer in Kensington and Chelsea and Westminster to help shape a new wellbeing support service.

If you are aged between 16-25, please take a few minutes to <u>complete our short survey</u>. If you have more to say, please get in touch with Marianna.

### **Meet Simon from our News Crew**

Name: Simon Arwas

**Age**: 24

Likes: Films, art, reading, cooking, sports and volunteering

Dislikes: The new Star Wars films

### What do you like about the All for Youth Newsletter?

I like being involved because it gives me a voice for my movie reviews and allows me to reach an audience who have similar issues to mine.



### **Online activities**

Are you looking for some online activities to keep you busy through the lockdown? Check out our recommendations:

**Libraries** in both boroughs have some great activities including a book club and Lego challenge. Find more information on their website.

**Cine Lumiere** are hosting an online viewing of Fritzi – an animation about the fall of the Berlin Wall. It has yet to be released in the UK so be one of the first to see it! It is showing on 22-24 January and costs £2. Find out more <a href="https://example.com/here.">here.</a>

**BBC Bitesize** is showing live lessons and programmes daily on CBBC and BBC 2. Online learning resources for children of all ages can be found on the <u>BBC Bitesize</u> website.

**Get active with PE with Joe** every Monday, Wednesday and Friday at 9am on YouTube.

**Sensory Projects** have loads of free exciting resources including live activities <u>on</u> their website.

**Create** a new recipe or art project using items around your house. Why not send us a picture to include in our next edition? You could also enter our art competition and be in with the chance to win £20.

# Competition and games corner

Be in it to win it!

### **Art competition**

We have extended our art competition!

How do I enter? Easy, just take a photo of your art work (in landscape format) and email it to Marianna along with your name and age by Monday 8<sup>th</sup> February 2021.

Each entry will go in the draw to win a £20 voucher for a shop in your local area as well as being included in this newsletter.

Good luck!

Thank you to everyone who helped us write this edition!

We want to hear from you!
Email your images, stories, artwork, or articles to this email address

Marianna.Lill@rbkc.gov.uk

### **Games corner**

How many weather words of three or more letters can you make?

R	Α	N	Υ
Ε	Ι	Ν	В
М	S	U	0
R	0	T	W

Can you work out what each snack is worth?

$$\frac{\text{SNACK}}{4} + \frac{\text{SNACK}}{4} = 8$$

Can you fill in the gaps in these addition pyramids?

