ALL FOR YOUTH

Welcome to the All for Youth newsletter !

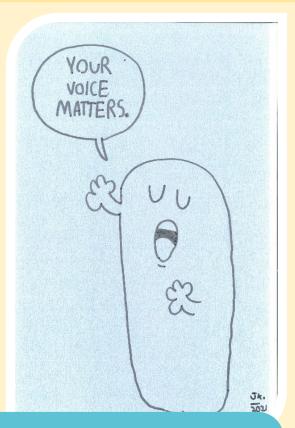
This inclusive newsletter is a way for you to share your voice with other children and young people across Westminster and Kensington and Chelsea.

Welcome to our March edition. In this issue you will find:

- Meet Mahmoud from our News Crew
- Ways to get involved
- Ava's Book Review of Horrid High
- Autism Peer Support Group information
- Picture gallery
- How to make a London Underground
- · Meet Mahimoud from our News Crew







Name: Mahmoud

Age: 9

Likes: Football, school (sometimes), games, Nintendo Switch, Play Station, i-pad, laptop and basketball.

Dislikes: Staying at home, white rice, onions (they make me cry) and doing homework.

What do you like about the All for Youth Newsletter? I like writing about stuff that I like to do.

Do you want to get involved?

Are you interested in being a writer for our newsletter?

We are looking for young writers to contribute to future editions of the newsletter. You could write articles or reviews, submit recipes, artwork and photos or recommend games, movies or places to go!

Want to have your say while meeting new people and having fun?

Then join our brand-new group for young people with additional needs or disabilities (SEND). This group will speak about important issues, plan events for young people, check information is accessible and lots more.

Find out more information on both groups by <u>emailing Marianna</u> or visiting our <u>Participation and Young People's Voice Page</u>



Sometimes people associate reading with calming somebody down after they become upset or angry, but I think reading is so much more than a method for mood control. It helps you understand other worlds and learn about people and cultures you never knew about, from the comfort of your own home. I am going to suggest three books (the other two can be found here) and explain why I'm recommending them.

Horrid High by Payal Kapadia

I am not going to lie, but this is one of the funniest books I have ever read. Especially the name of the main character, Ferg Gottin. There are many play-on-words in this book, which make the book even funnier. I don't want to spoil the story, so I won't tell you all too much but there are some amazing plot twists. The food fights and the arguments are just plain silly but sometimes everyone just wants a bit of fun, especially when being inside.

But this book definitely taught me about being brave because the young people have to face adversity but never let their spirits be dampened because they know things will always get better and they have each other. The alliteration is quite obvious but the names of the characters, as I mentioned before, are quite apt because they describe what the people are really like.

Autism peer support group



During the pandemic, Ambitious about Autism had been running <u>online peer</u> <u>support sessions</u> for autistic young people across the UK helping to connect with others and promote mental wellbeing during this challenging time.

Anyone who is autistic and aged between 14-25 can also join the Ambitious Youth Network. For more information and to apply, <u>visit their website</u>.

Picture Gallery











Build the London Underground by Michelle

You will need:

- Empty toilet rolls/ kitchen rolls/ wrapping paper tube
- Card
- Colouring pens/pencils/felt tips
- Scissors
- Glue
- String



How to do it:

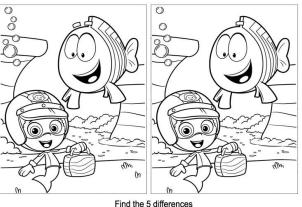
- 1. Decorate the outside of the toilet roll to match the outside of the train and colour in. Make sure you draw on the doors, the windows and the commuters!
- 2. Draw the front of the train onto a circle of card the same size as the centre of the toilet roll tube making little tabs around the edge to help with sticking, then cut this out and glue into the hole as the face of the train.
- 3. Once you have done the front of the train, move on to making as many carriages as you can! Connect the carriages together by punching a hole in the edge of both of the tubes and tie them together with the string.



Game zone and prize winners

We want to hear from you!

Game Zone



2	+	+ 搔	= 15
4	+ 搔	+ 🧸	= 18
<mark>@</mark>	+ 🧸	+ 🤮	= 14
2	+ 🦄	x 搔	= ?

Congratulations Nathaneal!

Nathaneal is the winner of last month's art competition with his wonderful t-shirt artwork. A massive thank you to all those who also sent in entries.





Watch this space for more competitions.

Thank you to everyone who helped us write this edition!

Email your images, stories, recipes, games, photos, artwork, or poems to this email address:

Make sure you check out the Local Offer for Westminster and **RBKC** to find activities that are taking place online. **Don't forget to check City Lions too!**

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Kensington and Chelsea Council Young People's Voice Page



Westminster City Council Young People's Voice Page City of Westminster