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## QEII School

# Sports Premium Grant Proposals 2020 - 2021

### What is The Sports Premium?

The Government is providing funding to schools to spend on improving the quality of sports and PE for all their children. The sports funding can only be spent on sports and PE provision in schools and is focused on primary aged pupils.

### Purpose of funding

Schools will have to spend the sport funding on improving their provision of PE and sport, but they will have the freedom to choose how to do this.

The premium must be spent by schools on making additional and sustainable improvements to the provision of PE and sport for the benefit of all pupils to encourage the development of healthy, active lifestyles.

Possible uses for the funding include: hiring specialist PE teachers or qualified sports coaches, paying for professional development opportunities for sport, running sport competitions, or increasing participation in the school games, purchasing sport resources & equipment, providing places for pupils on after school sports clubs and holiday clubs.

### How this funding is being used at QEII School:

The sports premium grant is based on £16,000 per school (over 47 eligible pupils) plus £10 per primary pupil. **Expected grant: £16,280**

In the summer of 2019 substantial investment and improvement was made in the outside play space for all pupils, building on work to improve the all weather outside play spaces for primary classes in the summer of 2018. This was funded by the local authority and FWSS Charity. In the summer of 2020 additional works were completed to add value and increase access: a canopy was installed to give all weather access to a new outside space for Ocean class; handrail for the new 'tunnel and mound' installation in the imagination play area outside the primary classes.

This gives added value to the capital works of 2018 and 2019 to provide in door/out door free flow play

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spaces for all primary classes and improve the opportunities and challenge in outside play.

Delivery of PE at QEII is within our curriculum offer for SLD pupils:

- My Health and Well-being
- My Play and Leisure

For PMLD pupils:

- Engagement
- Well-being
- Routines and transitions

For all learners it provides key opportunities for fun, socialising and building an inclusive community; indoors and outdoors.

### **Play equipment to support play and leisure and well-being curriculum**

Play equipment and resources for across the school – to replace and update PE equipment and provide all weather storage. In 2020-2021 in response to the COVID pandemic we are using more play spaces and keeping pupils and resources within smaller groups. This has resource implications which the PE grant will support. This will include general PE equipment relevant to the SLD curriculum pathways and specialist equipment for PMLD students and to increase specialist OT therapy equipment for sensory regulation and gross motor skill development.

### **Yoga across the School:**

A proportion of the PE Grant in previous academic years has been spent on introducing Yoga across the school and has resulted in a Health Schools Silver Award

#### **Rationale for Yoga sessions:**

- We have developed a relationship with the Special Yoga Centre who specialise in yoga sessions for children and young people and their families with a range of special educational needs.
- As a result of the training that has been introduced across the school in classes and in cross school sessions led by the staff who attended additional training. A mixed group of Primary school students are accessing yoga sessions across the school week.

#### **Learning objectives in Yoga:**

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- To increase students ability to relax, reduce anxiety and be calm
- Improve co ordination
- To improve concentration and time on task in class
- To improve core strengthening skills, flexibility and fitness

SLD and PMLD yoga sessions are now embedded across the school and yoga has formed part of our blended and home learning offer (My Health and Well-being).

2020 – 2021 release time for staff who have attended Special Yoga training to provide modelling and support to classes, and those at home, without this skill/experience, compensating for removal of whole school/group yoga sessions during COVID-restrictions and increase.

#### **Additional support to increase access to hydrotherapy pool:**

Learning objectives for hydrotherapy:

- to enable our PMLD learners to relax muscles in order to achieve better range of movement
- to achieve a variety of different positions unable to be achieved on land and to enable students to feel more confident and have greater body awareness
- to offer alternative sensory stimulations e.g. the feeling of weightlessness or the physical aspects of being in the hydrotherapy pool such as the bubbles or water fountain.

**Learning objectives for Hydrotherapy:**

- To enable our PMLD learners to relax muscles in order to achieve better range of movement
- To achieve a variety of different positions unable to be achieved on land and to enable students to feel more confident and have greater body awareness

Additional cover staff in the hydrotherapy pool/for hydro pool access is ongoing and includes an extension of the use of the pool to Monday afternoons + spotter staffing.

Use and staffing of the hydrotherapy pool in the context of COVID-19 will be more complex and access to community swimming venues for other students reduced.

Use of the PE grant will enable access for hydrotherapy and as a substitute for community swimming, for some pupils until this can be reinstated.

Expenditure will be on

staff to enable this.

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### Participation in Panathlon Challenge:

Additional staffing cover to participate in Panathlon Challenge events

- Additional equipment and resourcing for intra-school competitions taking place within school
- Additional costs (staffing, coaching and transport) to support off site events when reinstated

### **Rationale for Primary Panathlon Challenge**

This enables meaningful participation in a range of adapted sporting activities for primary students in the lower school. Students experience skills development, a competition environment, different venues and working in a more challenging environment. It also allows students to extend their social skills with a wider group of students from different settings. Panathlon Challenge events also present a hands on CPD opportunity for staff who attend – increasing their skills and knowledge of adapted games and physical activities.

Learning objectives for Panathlon Challenge:

- increase in student skill development through adapted games
- increase in confidence and social skills with a wider variety of students from different schools
- ability to work as part of a team in a competition environment
- opportunity to experience a different type of environment with support from familiar adults.

Specialist equipment to delivery intra-school sports competitions in school and to support attendance at competitions off site when these return.

### **Introduction of rebound therapy:**

To increase the range and impact of physical activity across the school we have identified rebound therapy as a new initiative that would positively impact on a range of students. We have some equipment within school that could be used for delivery and are working with our physiotherapist to develop an implementation plan.

Training courses for staff to attend (or delivery within school) and additional safety equipment costs.

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### Sports premium funding 2020 -2021

Project	Costs	Summary of intervention	Impact report
PE equipment and storage for school based activities (indoors and outdoors)	£4,000	Additional resourcing to enable PE to be delivered securely to pupils in smaller groups/reduced sharing of equipment	
Specialist PMLD and sensory equipment to promote engagement in physical activity	£4,000		
Yoga across the school	£2,000	Cover costs to enable classes without a staff member who has attended special yoga training to receive regular yoga sessions from a trained member of staff.  Ensuring continuity of provision while whole school/larger group sessions have been suspended  Extending this to yoga session for those at home/isolating	

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Hydrotherapy access	£2,500	Additional staffing to enable hydrotherapy access for students with PMLD/hydrotherapy programmes.  Additional staffing to support pupil access to hydrotherapy pool while community swimming is not in place	
	£1,000	Equipment for intra-school sports competitions  Additional costs for attending sports competitions off-site when these return (transport, staffing)	
Rebound therapy	£2,000	Equipment and training costs	

*New reporting requirements on Yr 6 swimming skills:*

*What percentage of pupils within their year 6 cohort for academic year 2020/2021 can do each of the following:*

- *swim competently, confidently and proficiently over a distance of at least 25 metres*
- *use a range of strokes effectively*
- *perform safe self-rescue in different water-based situations*

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