

WESTMINSTER POST 16 INFORMATION, ADVICE AND SUPPORT OPPORTUNITIES (SEND)

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Type of support and name of organisation	Summary	Criteria	Contact information
AUTISM SPECIFIC			
Ambitious About Autism Autistic Peer Support Network	The Ambitious Youth Network is part of a project to reduce loneliness in autistic young people by connecting them to others with shared interests. Recruitment and applications for the Youth Network are open year-round	Anyone who is autistic and aged between 14-25 can join the Ambitious Youth Network.	Email: participation@ambitiousaboutautism.org.uk

Ambitious About Autism Paid work-experience	Ambitious About Autism offers autistic people aged 18 years and older the chance to showcase their skills and attributes in the workplace	Autistic young people aged 18yrs and over.	https://www.ambitiousaboutautism.org.uk/what-we-do/employment/paid-work-experience/work-experience-opportunities
Bi-borough ASC Outreach Team Online (Zoom) Drawing Group	Supervised online drawing group. Weekly sessions held on Thursdays at 3.30pm for 40 minutes. Opportunity to keep work private or share at the end of each session.	Neurodiverse especially welcome Residents of Westminster and RBKC	Sue Latham slatham@westminster.gov.uk
CAREERS AND EMPLOYMENT ADVICE and SUPPORT PROGRAMMES			
19-24 Youth Employment Pathways - Westminster Adult Education Service	For information and opportunities including pre-apprenticeships, apprenticeships, traineeships, CV support, Kickstart, and workshops.	<ul style="list-style-type: none"> • Aged 19-24yrs • Currently not working • Wanting to find work that matches your aspirations • Need support with CVs, interviews, or work experience 	Beth O'Connell boconnell@waes.ac.uk https://www.waes.ac.uk/youth-employment Ph. 020 7297 7297 info@waes.ac.uk
Disability Employment Advisor	DWP Westminster Disability Employment Advisors offer free support and guidance for those looking for employment. Based in Jobcentre Plus Offices.	Open to all with disabilities living in Westminster	Marcia Mathews and Libby Swinfield DWP Westminster Disability Employment Advisors E: MARCIA.MATTHEWS@DWP.GOV.UK E: LIBBY.SWINFIELD@DWP.GOV.UK
Genius Within - Employ Me London - Able2	Employment programmes for young people to support in employment, education, and training through 1:1 coaching, support, and group sessions. They offer bespoke person-centred strength-based training which will be a mixture of face to face and virtual. There is also an option to get level 2 English and Maths. Programmes provide ongoing support (up to 26 weeks) after placement in training/employment as well and can help with support in the setting, reasonable adjustments etc.	16-24yrs Learning Difficulties including physical, long-term health conditions WCC and RBKC residents	Natalie Reynolds t: +44 (0)1273 890 502 m: 07539071733 e: NatalieReynolds@geniuswithin.org www.geniuswithin.co.uk Benjamin Murphy E: benjaminmurphy@geniuswithin.org

Groundwork Mentoring	Groundwork is an organisation which matches young people to a suitable mentor who is the right fit for them. The role of the mentors is primarily to support with careers guidance.	London residents 16-24yrs	Young Person's Coordinator Allison to find out more. E: Allison.Bishop@Groundwork.org.uk https://www.groundwork.org.uk/services/coaching-and-mentoring/ Referral form: https://docs.google.com/forms/d/e/1FAIpQLSdEIDn0ViRmenei7AptvTfMgkLSJo1wOHCdhlbEJuq2T1c7qw/closedform
London Futures, The Change Foundation	Sports mentoring and employability session located at Harrow Club near Latimer Road, Wednesdays 5 - 6.30pm	Age 18 - 25 with learning disabilities or ASD, facing social isolation. Open to Westminster and RBKC residents	Ryan Jones, Disability Programmes Manager ryanjones@changeftn.org.uk www.thechangefoundation.org.uk
Making the Leap	Everything we do with our young people is about raising their aspirations and includes developing the key soft skills vital for life and the world of work such as confidence, communication skills, organisational skills, motivation, and time keeping.	18-30yr olds	Gareth Pryce, Ph. 020 8962 1900, email. Info@mtl.org.uk https://makingtheleap.org.uk/what-we-do/young-people/
Mastering My Future employability programme	2-3 degrees (takes place most half term periods) through the Young Westminster Foundation. The programme offers free workshops, virtual work experience and mentoring.	Aged 14-25yrs Westminster residents	https://2-3degrees.com/school-programmes/mastering-your-future-programme/
MIND Building Employment, Skills and Training (BEST) programme	Support for people who have had experience of mental health problems, to find and engage in paid work, voluntary work, education or training, or any meaningful activity that improves their quality of life. Aims to support people to build their confidence, self-esteem, improve their communication, life, and	Ages 18yrs+ Westminster residents Anyone with common or severe mental health problems. Anyone can apply	Alberto Gemal westminsterbest@bwwmind.org.uk www.bwwmind.org.uk/how-we-can-help/westminster-services/building-employment-skills-and-training-in-westminster/

	workplace skills, thereby giving emotional backup as well as practical guidance on all aspects of finding and keeping a job.	directly or be referred by their GP, social worker, care coordinator or other mental health professional	
Resurgo Spear North Kensington	<p>The Spear Programme equips disadvantaged young people by establishing the required mindset, developing the skills needed in work (communication, teamwork, professionalism), and equipping young people with the resources (CV, appearance, etc.) they need to enter employment or further education / training.</p> <ul style="list-style-type: none"> - 1 year support - Starting with the initial six-weeks of coaching - A mix of group sessions and 1-1 support - After six weeks they come in once a week until they access their next steps. 	<p>Age 16-24 NEET</p> <p>Not a graduate</p> <p>Ambition to progress into paid work or further education</p> <p>Available Monday to Friday for the duration of the programme: 1:30- 4:30pm</p> <p>Westminster and RBKC residents</p>	<p>Natalie Nash, Spear North Kensington Centre Manager</p> <p>Natalie.nash@spearnorthkensington.org</p> <p>www.resurgo.org.uk/spear-programme/the-spear-programme/</p>
Scope Career Pathways	<p>1:1 Outreach Careers Advice Service offer up to three one-hour 1:1 sessions. The sessions will:</p> <ul style="list-style-type: none"> • Make students aware of all the career options and employment routes open to them • Support students to develop their career goals • Support students to create an action plan to help them to achieve their goals. <p>Adjustments such as British Sign Language, interpreters, large print materials or hearing loops can be provided.</p>	<p>Ages 16-25 with a disability (includes autism, mental health conditions, learning disability, physical disability, sensory impairments, and long-term health conditions)</p> <p>Open to residents across London</p>	<p>Gina Silverman, Team Leader, Career Pathways gina.silverman@scope.org.uk</p> <p>Thomas O'Neill, Careers Adviser thomas.oneill@scope.org.uk</p> <p>www.scope.org.uk/career-pathways</p>
Westminster Employment Service	Help for residents to find a job, including vacancies, training, support and 121 coaching.	<p>Westminster residents</p> <p>16yrs +</p> <p>With an active EHCP</p>	<p>https://www.westminster.gov.uk/westminster-employment-service-residents</p> <p>T: 0797 1026709</p> <p>employmentteam@westminster.gov.uk</p>

		Not in employment, education, or training (NEET) Seeking apprenticeships or paid/unpaid work	Online registration form available https://www.westminster.gov.uk/employment/referral-form
Westminster Employment (SEND specific)	Supported Employment Service supports people with a learning disability and people with a physical or sensory disability to find either paid employment, voluntary employment, or work experience placements.	Age 18+ with a learning disability and/or physical disability Westminster residents	Michelle Seale, Service Manager E: mseale@westminster.gov.uk
COLLEGES			
Search engine	Options to search for specific colleges and specialist settings.	Open to all	Specialist colleges: https://natspec.org.uk/ Specialist settings: https://www.specialneedsuk.org/ https://www.goodschoolsguide.co.uk/school-search/
Colleges and FE on the Local Offer	This section also sets out what educational opportunities are available for young people with SEND moving on from school to college or university.	Open to all	https://fisd.westminster.gov.uk/kb5/westminster/fis/results.page?localofferchannel=4_2
DEAF SUPPORT			
The Buzz National Deaf Children's Society	The Buzz is the only website for deaf children and young people. It's an opportunity for you to get the information and support you need. Read inspiring stories from other deaf young people, ask questions, and get involved.	Deaf children and young people up to 18yrs	www.buzz.org.uk
EDUCATION/STUDYING SUPPORT & ADVICE			
Turn 2 Us	Free specialist helpline to advise and support disabled people who are 16 or over and live in	Aged 16+ Living in England	https://www.turn2us.org.uk/ Online contact form on website

	England, who are studying or wish to study full-time or part-time.	Wishing to study full or part-time	
Disability Rights UK	The Disabled Students Helpline provides free specialist helpline to advise and support those wishing to study full or part time at any level. Website also includes education factsheets.	Disabled people who are 16 or over and live in England, who are studying or wish to study full-time or part-time.	Tel: 0330 995 0414 Tues and Thurs 11.00 am - 1.00 pm Email: students@disabilityrightsuk.org Website: https://www.disabilityrightsuk.org/sites/all/modules/civicrm/extern/url.php?u=60917&qid=9775850
The Mix (study tips)	The Mix offers a range of free and confidential support including a multi-channel helpline, a counselling service and a 24-hour crisis text line. Website also includes resource guides on coping with exams: <ul style="list-style-type: none"> ▪ Coping with exam stress ▪ How to stay motivated while you're studying ▪ How to cope with the pressure to do well ▪ Revision tips 	Under 25yrs	https://www.themix.org.uk/get-support/speak-to-our-team Helpline ph. 0808 808 4994 Crisis messenger, Text THEMIX to 85258 Email online form: https://www.themix.org.uk/get-support/speak-to-our-team/email-us Counselling services: https://www.themix.org.uk/get-support/speak-to-our-team/the-mix-counselling-service
FINANCE / BUDGETING			
Turn 2 Us	Information and support relating to benefits and entitlements, grants and advice and support agencies.	Open to all including young people aged 16+ studying and those aged 16-18yrs.	Online contact form https://www.turn2us.org.uk/
Contact	For financial support, benefits, and grants information.	Families with disabled children, including young people 16yrs+	Helpline ph.: 0808 808 3555 Website: https://contact.org.uk
LDN London (formally Westminster Society)	Information and support including short breaks and respite, youth services, family support. For Disability benefits, PIP, signposting.	Westminster residents All ages	Sahara Al-Saad, Family Worker, Rainbow Family Services salsaad@wspld.org

LDN = Learning Disability network			or email: westminstersociety@wspld.org Online referral form Westminster Society Central Referral Gateway (google.com)
Personal Budgets Helpline	The Personal Budgets Helpline and email service is an advice service open to individuals and organisations to provide information on Personal Budgets. The advisors can explain the concept of Personal Budgets in relation to the care and support services and how to access social care funding.	Open to all	Telephone: 0330 995 0404 Opening hours: 9.30am -1.30pm on Tuesdays and Thursdays (N.B. There is a charge for these calls) E: personalbudgets@disabilityrightsuk.org https://www.disabilityrightsuk.org/sites/all/modules/civicrm/extern/url.php?u=60915&qid=9775850
HOUSING			
Supported Housing	Refers to accommodation and support provided by organisations with expertise in supporting people to improve their life skills and opportunities. A referral for supported housing for the young person will need be made via the care management team in the first instance, who will carry out a detailed assessment to see what type of accommodation is most suitable.	Westminster residents	Telephone: 02076417411 E-mail: adminwldp@westminster.gov.uk
Independent Living Westminster City Council Housing Solutions Service	Young people who are able to live independently can apply for 'general needs housing'. The Council's Housing Department will carry out an assessment to decide if the young person is a high priority. If the young person is a high priority, he/she can join the housing register, which is a list of people waiting for housing or to be rehoused.	Westminster residents	Telephone: 020 7641 1000 (Monday to Friday, 09:00-17:00) hsscuserservices@wcchss.org.uk https://www.westminster.gov.uk/housing/register-social-housing/how-apply-social-housing/making-application
MENTAL HEALTH			

Action for Happiness	Resources and ideas for actions to take to feel happier and to help reduce and prevent mental ill-health	Open to all	www.actionforhappiness.org
Black Women's Health and Family Support	Covers black women's health issues, English as a second language and black youth groups.	Black women and their families	www.bwhafs.com Ph. 0208 980 3503
Childline	Counselling service for children, young people, and their parents. Free and confidential help and advice including 121 counsellor text chat	Open to all	www.childline.org.uk Ph. 0800 1111
Kooth Counselling	Free online support for young people delivered by counsellors, chat-based service	Open to all	https://www.kooth.com/
London Lesbian and Gay Switchboard	A safe space for anyone to discuss anything including sexuality, gender identify, sexual health and emotional wellbeing,	LGBTQ+ Community	https://switchboard.lgbt Ph. 0300 330 0630
Mind	Materials on a mental health, wellbeing and where to find additional support. Find out about: - mental health problems - where to get help near you - treatment options - advocacy services	Open to all, including young people 11-18yrs	www.mind.org.uk Ph. 0300 123 3393 Email: info@mind.org https://www.mind.org.uk/information-support/for-children-and-young-people/
Muslim Youth Helpline	Offers support to young Muslims in distress, email support, helpline, and online counselling available.	Young Muslims	www.myh.org.uk Ph. 0808 808 2008
Samaritans	For confidential emotional support, available 24hrs a day	Open to all	www.samaritans.org Ph: 116 123 Email: jo@samaritans.org
The Mix	121 chat, helpline, crisis messenger and counselling services. Free and confidential online, social, and mobile.	Under 25yrs	https://www.themix.org.uk Ph. 0808 808 4994 Text: SHOUT to 85258
Young Minds	Support and advice to improve emotional wellbeing and mental health of children and young people and empowering parents/carers	Open to all	https://youngminds.org.uk/ Ph. 0808 802 5544
MENTORING / BEFRIENDING			

Action Disability Kensington and Chelsea (ADKC)	ADKC is an organisation run by and for disabled people. They provide advocacy support, volunteering opportunities, mentoring, peer support, group meetings, various projects and more.	Those living, working or studying in RBKC 18yrs+	Ph. 0208 960 8888 https://www.adkc.org.uk
Advocacy Project	The Advocacy Project help marginalised and vulnerable people make effective choices about what happens in their lives. We support them to speak up and help improve important services we all need. We want to make sure people across all age and care groups – including learning disability and mental health – can voice their concerns, understand their rights and make effective choices about what happens in their lives.	RBKC and WCC residents 18yrs+	https://www.advocacyproject.org.uk/
Groundwork Mentoring	Groundwork is an organisation which matches young people to a suitable mentor who is the right fit for them. The role of the mentors is primarily to support with careers guidance.	London-wide	Young Person's Coordinator Allison Bishop Allison.Bishop@Groundwork.org.uk https://www.groundwork.org.uk Referral form here or https://docs.google.com/forms/d/e/1FAIpQLSdEIDn0ViRmenei7AptvTfMgkLSJo1wOHCdhlbEJuq2T1c7qw/viewform Loris Konaizeh, Service Coordinator Loris@befriendafamily.co.uk www.befriendafamily.co.uk Self-referrals available online
Westminster Befriend A Family 'Broadening Horizons'	In this project, trained mentors will be matched to a young person aged 10-24. Our mentors will guide and motivate the young person, support them in their schoolwork, and help them formulate and put into action plans for their education and careers.	Westminster residents 13-18yrs	Loris Konaizeh, Service Coordinator Loris@befriendafamily.co.uk www.befriendafamily.co.uk

	Mentors may, for instance, bring the young person to visit a university campus, or they may help the young person explore other routes to employment such as learning a trade or applying for an apprenticeship.		Self-referrals available online
PARENTS			
Make It Happen	Make it Happen is a parent group which support parents of young people with additional needs and disabilities	Parents of young people with disabilities	https://www.wppg.org.uk/about-us/ . Hend is the chair and can be contacted on chair@wppg.org.uk
MindEd	Free educational resources on children and young people's mental health for adults. Includes online advice and information	Parents/Carers	https://www.minded.org.uk
PREPARING FOR ADULTHOOD			
Westminster Council Local Offer	For information on work, travel, activities, money, relationships, education, housing and more.	Contains information for all residents 14yrs +	http://localoffer.westminster.gov.uk
SUPPORTED EMPLOYMENT / INTERNSHIPS			
Charring Cross Hospital	The Supported Internship at this world-famous general teaching hospital provides a wide variety of training and work experience including: Theatre Health Care Assistant, Administration Assistant, Domestic Operative, Ward Host, Back of House Operative, Pathology – Call Centre, Porter, Post Room Assistant and Store Person.	Aged 18-24 EHCP Plan Living in Westminster or RBKC Travel training can be provided	Jasmine Giles, (On-site Lecturer, Charing Cross Hospital) Ph. 07860 754 014 jasmine.giles@cnwl.ac.uk
Copthorne Tara Hotel Kensington	This is an exciting opportunity to learn about the different roles in the hospitality environment and gain the skills to obtain work in hospitality or related work. Roles could include: Concierge (front of house), Housekeeping, Warehouse stock control, Kitchen and Maintenance.	An EHCP is required Age group 18-24 years Travel training can be provided to enable individual	Fitzroy Lewinson (Tutor) Ph. 07776 041 629 Fitzroy.Lewinson@prospects.co.uk Elena Dragonova (Job Coach) Ph. 07584 205 020 Elena.Dragonova@prospects.co.uk

		travelling to and from the hotel.	
Transport for London (TfL)	TfL's Steps into Work one year programme offers a great opportunity to study for a BTEC Level 1 work skills qualification, including gaining real life work experience in unpaid placements within Transport for London. Several of the placements will be office-based but there is an opportunity to experience customer service at a London Underground station (for students 18 years or older). Steps into Work is fully supported with job coaching provided by Royal Mencap Society and Barnet and Southgate College delivering daily tutorials.	16 years + with learning disabilities or on the autism spectrum	Steps into Work enquiries: Ph. 020 3054 2718 stepsintowork@tfl.gov.uk https://tfl.gov.uk/corporate/careers/steps-into-work
Royal Borough of Kensington and Chelsea Supported Internship	1 year work-based education programme, 3 work rotations, 1:1 job coach support. Aim - to progress into paid work.	Age 17-24 with SEND and EHCP Below Level 3 Ambition to progress into paid work Open to residents across London	Rachel Edwards, SEND Local Offer and Employment Pathways Lead E: rachel.edwards@rbkc.gov.uk For more information and how to apply for the RBKC supported internship check out this page of the SEND Local Offer
Westminster City Council Supported Internship	1 year work-based education programme, 3 work rotations, 1:1 job coach support. Aim - to progress into paid work.	Age 17-24 with SEND and EHCP Below Level 3 Ambition to progress into paid work Open to residents across London	Rachel Edwards, SEND Local Offer and Employment Pathways Lead E: rachel.edwards@rbkc.gov.uk For more information and how to apply for the Westminster supported internship check out this page .

TRAINING			
Digital Media Training (Mama Youth)	<p>Calling all young creatives with a passion for compelling content creation and a deep desire for a career in digital media. Our free training programme will grant you instant industry access while teaching you how to excel in digital production across multiple platforms.</p> <p>The training will last for 6 weeks followed by a 2-week work placement at a partner company, such as Sky, BBC, Netflix, Banijay, Channel 4, Warner Bros Entertainment and many more. Participants who successfully complete will also gain 6 months of follow-up career support.</p>	<p>Aged 18-25 years</p> <p>Residents of Barnet, Brent, Camden, Ealing, Hammersmith & Fulham, Harrow, Kensington & Chelsea and the Cities of London and Westminster.</p> <p>NEET (not in education, employment, or training)</p> <p>Have the right to work in the UK</p>	<p>Tel: 07869 215 301</p> <p>Email: info@mamayouthproject.org.uk</p> <p>https://www.mamayouth.org.uk/training/digital-media-training</p>
Independent Travel Training (ITT)	<p>ITT is designed to help young people (aged 12 and over) with SEN and/or disabilities to learn how to travel to school or college safely using public transport. We provide young people with an individualised training programme which includes a series of lessons, usually over a few weeks.</p> <p>Each lesson is designed to teach personal and road safety awareness as well as to build the young person's confidence with travelling and being out and about in their local community.</p> <p>ITT provides young people with skills for life. Building confidence and allowing disabled young people to feel more independent.</p>	<p>12yrs + with SEND</p> <p>EHCP</p> <p>Meet criteria for free home to school travel assistance</p>	<p>For applications, appeals, travel care plan updates, independent travel training and personal transport budgets</p> <p>Email: Travelassistance@rbkc.gov.uk or phone: 02073613311</p> <p>Office hours: From 8:00am to 5:00pm Monday to Friday</p>
London Basketball Association	<p>For on and off court opportunities</p> <p>Off-court: Opportunities include work experience, volunteering, and internships. Generally, office-</p>	<p>16yrs + incl those with SEND</p>	<p>London Basketball Association - Basketball in London (thelba.co.uk)</p> <p>https://thelba.co.uk/</p>

	<p>based work. Hours flexible and can be anything from 1 week onwards. Internships available for YP 16yrs +</p> <p>On-court : On the job training opportunities including referee/umpire, table officials and social media at various locations. These provide qualifications and can lead to paid opportunities within All Officials https://allofficials.co.uk/</p>		<p>Sarah McDermott, Managing Director Email: sarah.mcdermott@thelba.co.uk</p> <p>HR@thelba.co.uk info@thelba.co.uk</p>
The Camden Society Unity Kitchen	<p>Supported employment, training, community well-being and social enterprise work. L1- L2 NVQ qualifications in hospitality, warehousing, or horticulture industries. Training kitchen at Unity Kitchen Café Victoria, Westminster City Council, 64 Victoria Street</p>	<p>Age 16+ with a learning disability</p> <p>Open to all London residents</p>	<p>Milly Wheeler, Training Manager Milly.Wheeler@TheCamdenSociety.co.uk</p> <p>www.unitykitchen.co.uk/home</p>
VOLUNTEERING			
Greenhouse Sports	<p>Volunteer as a team-building activity or as a long-term individual commitment. We have volunteers in all areas of our work from voluntary coaches to administrative volunteers and photographers. Details of opportunities on their website.</p>	<p>Those who wish to volunteer with our young people will need to have a DBS certificate</p>	<p>Email: volunteer@greenhousesports.org</p> <p>https://www.greenhousesports.org/get-involved/volunteer/</p>
'News crew' which publish a monthly All for Youth newsletter	<p>Volunteer as part of the News Crew which puts together a monthly newsletter for young people with SEND in both WCC and RBKC. Previous editions can be found on the Participation page of the Local Offer website</p>	<p>Open to all residents aged up to 25yrs</p>	<p>Marianna Lill marianna.lill@rbkc.gov.uk</p> <p>https://fisd.westminster.gov.uk/kb5/westminster/fis/advice.page?id=TZiVjJLyZsl</p>
One Westminster	<p>Volunteering scheme / options for residents with learning disabilities.</p>	<p>Age 18+ with a learning disability</p> <p>Open to Westminster residents</p>	<p>Nigel Barber E: n.barber@onewestminster.org.uk</p> <p>www.onewestminster.org.uk/volunteering/learning-disabilities-volunteering</p> <p>https://www.onewestminster.org.uk/directory</p>

One Westminster	Online directory of voluntary and community organisations based in Westminster and/or working with Westminster residents.	Westminster residents	
Volunteer Centre Kensington and Chelsea	Stepping Stones project encourages and supports people with learning disabilities, physical disabilities, and mental health issues to find volunteering opportunities within Kensington & Chelsea. Aims to boost confidence, help develop knowledge and skills whilst increasing your sense of wellbeing and providing opportunities to meet new friends. Mini Comms project in VCKC communications team, taking part in activities including photography, vlogging, tweeting and posting on social media channels, creating posters and blogging.	Ages 16+ / 18+ RBKC residents and Westminster residents <i>depending on the programme</i>	Louisa Schepes, Head of Wellbeing louisa.sch@vckc.org.uk Eunice Ackerson, Communications Lead eunice.ackerson@vckc.org.uk www.voluntarywork.org.uk/projects/
Westminster Connects	For volunteering opportunities, including health champions. Also includes help, advice, and support for residents.	Open to all residents	https://www.westminster.gov.uk/westminster-connects
Westminster Youth Council	Volunteer with the Westminster Youth Council who meet on a weekly basis and discuss youth issues in Westminster.	Westminster residents aged 16-25yrs	Shofa smiah@westminster.gov.uk or Sophia skarayaz@westminster.gov.uk https://www.westminster.gov.uk/event/westminster-youth-council
Young Westminster Healthwatch	Volunteer with who aim to capture the voices of young people to influence the design and delivery of the mental health services they use. They raise awareness with young people of all the mental health support that is out there and how to access it.	Open to RBKC and Westminster residents under 25yrs	Alex Weston Alex.Weston@healthwatchcentralwestlondon.org https://healthwatchcwl.co.uk/young-healthwatch-westminster/
YOUTH CLUBS AND ACTIVITIES			
Base @the Reed Octavia Foundation	Our young people's digital programme offers a wide range of activities to keep boredom at bay! We believe that every young person should have a place they can go to feel safe, valued, included, and	Up to 25yrs for those young people with SEND	Conor Lynch conor.lynch@octaviafoundation.org.uk Ph. 07985692369

	inspired. The Reed features state of the art industry standard digital media equipment and offering digital media skills to bring out your creativity through photography, music production, film making, DJing and so much more		https://www.octaviafoundation.org.uk/our-work/young_people_children/base_the_reed
Caxton Youth Club	Youth club which prioritises the inclusion of young people with physical and/ or learning disabilities who live in Westminster	Young people up to 25yrs with disabilities in Westminster	Ph. 020 7834 1883 rachel@caxtonyouth.org admin@caxtonyouth.org https://caxtonyouth.org/
Dream Arts	Youth arts company specialising in dance, acting, singing and design.	11-25yr olds Living in London Interest in performance arts	Call: 020 7730 5333 Email: admin@dreamarts.org.uk http://www.dreamarts.org.uk/
Earls Court Youth Club	Youth Club in Earls Court Westminster	9-19yrs (and up to 25yrs with SEND)	Ph. 02073737970 info@earlscourtyouthclub.co.uk http://www.earlscourtyouthclub.co.uk
LDN London (formally Westminster Society) LDN = Learning Disability Network	Information and support including short breaks and respite, youth services, family support. For Disability benefits, PIP, signposting.	Westminster residents All ages	Sahara Al-Saad, Family Worker, Rainbow Family Services salsaad@wspld.org or email: westminstersociety@wspld.org Online referral form Westminster Society Central Referral Gateway (google.com)
Our City	Signposting, including activities, sports, arts, careers and skills and support services available in Westminster and Kensington and Chelsea	Residents of RBKC and Westminster	https://ourcity.org.uk/
Safe Haven Basketball	Inclusive basketball weekly sessions (during term time): Westminster – Little Venice Sports Centre, Mondays 5-6pm Southwark – Black Prince Trust, Thursdays 4-5pm	Open to all aged between 14-25yrs	Emma Colverd on 07813778409 or emmacolverd@gmail.com https://safehavenbasketball.co.uk/

	Hackney – Kings Hall Leisure Centre, Tuesdays 5-6pm		
St Andrews Youth Club	Youth Club in South Westminster	For young people up to 25yrs with SEND	Ph. 020 7222 6481 info@standrewsclub.com https://www.standrewsclub.com/
Step Change Studios	Step Change Studios is an award-winning, pioneering dance company committed to making dance accessible for everyone. Based in the UK, we offer fun, engaging dance opportunities for people of all ages and abilities.	Disabled young people 16yrs +	Email: contact@stepchangestudios.com Or follow in Twitter, Instagram https://www.stepchangestudios.com/
The Avenues	Youth Club in West Kilburn Westminster	Free for young people aged 8-18yrs (and up to 25yrs with SEND)	Ph. 020 8969 9552 hello@avenues.org.uk https://avenues.org.uk/
West London Scouts	Scouting is about providing young people with the opportunities to explore, see the world, enrich themselves, learn new skills and interact with people of all backgrounds. It is dynamic, fun, and fulfilling; if you want your child to see more than they can on a mobile phone screen, we will give them every opportunity to try!	6-25years Westminster and RBKC Residents	https://www.westlondonscouts.org/ Online applications available.
Westminster SEND Local Offer	Activities for young people with SEND in Westminster	Westminster residents	http://localoffer.westminster.gov.uk
Young Westminster Foundation	Support to residents including, mental health, getting involved, youth activities and volunteering opportunities	Westminster residents	https://www.youngwestminster.com