



Hello!



We hope you enjoy reading this edition, put together by young people for young people.



This inclusive newsletter is a way for you to share your voice with other children and young people across Westminster and Kensington and Chelsea.



In this edition you can:

- Read some Christmas thoughts
- Download a new cookbook
- Find out what is happening over the holidays
- and more...



Meet Ted from our News Crew

Name: Ted

Age: 11

Likes: Football, basketball, geography, maths and World War history.

Dislikes: Cheese and sitting down doing nothing, because that's boring.

What do you like about the All for Youth newsletter?

The All of Youth newsletter is great because it has so much information about the local area, other children sharing their news and lots of competitions which I always try and enter.





It's the most wonderful time of the year by Camille

Everyone, I would like to wish you a Merry Christmas and a Happy New Year! I think we should be proud of ourselves especially as these past two years have been tough for all of us due to COVID-19 - having to work from home and sometimes going to the office, as well as having to wear a face covering in a lot of places.

This time of the year I'm sure we all would love to spend time with family.

I know we all have amazing qualities such as being:

- Kind
- Friendly
- Helpful
- Hard working
- Caring
- Brave
- Fun

We all can give great advice and support when it's needed. I think we are all amazing in our own way and I would like you all to know this.

Merry Christmas and a Happy New Year!

Win with the Westminster Elves

Capture the magic of Christmas with the Westminster Elves as they tour around the city in our exciting AR experience!

Travel to any of four indicated destinations and immerse yourself in an Augmented Reality Christmas scene that is sure to delight you and your family.

Make sure to post your best selfies on social media using #westminsterelves for the chance to win a great prize!

[Find out more on their website.](http://www.westminster-elves.co.uk)



Holiday Activities

Relaxed Performance: Carols at the Royal Albert Hall



Sing-along to festive favourites in a relaxed setting.

When: Monday 20 December 2021

Start: 11am (doors open 10am)

For tickets, [visit the Royal Albert Hall website](#)

Winter holiday programmes



Over the two-week Christmas holiday, activities and events will be taking place across Westminster and Kensington and Chelsea for people of all ages.

The programme includes camps, sports, arts, cooking, drama and a wide range of activities for children and young people with SEND.

Free places and food will be provided for those eligible for free school meals however there's room for everyone to get involved.

To see what's on offer and register, [visit the Our City website](#). Keep checking back as new activities are being added daily!

The Westminster Creative Collective is back!

The Westminster Creative Collective shares and celebrates the creativity of Westminster's brilliant young people through art.

Last year, over 250 amazing pieces of art were submitted by young Westminster residents themed around COVID-19, lockdown and the re-emergence of the Black Lives Matter movement.

This time, the Collective is looking for artworks of any type that focus on:

- Love and unity
- Climate Change
- Your future
- Equality

The deadline to submit artwork is 28 January 2022.

[Find out more on the City Lions website.](#)



Community News



Taste of Westminster Cookbook

We are excited to present the new edition of the Taste of Westminster cookbook.

This cookbook is a collection of amazing recipes from our young people and adults. It also showcases some of the amazing organisations that support the SEND community.

To download your free copy, please visit the [Participation and Young People's Voice](#) page on the SEND Local Offer.

Look out for printed copies which will be available early next year.



Send us photos of you making your favourite recipe for our next edition of the newsletter!

JK Cartoon Studios

Jadore is a cartoonist, graffiti artist and digital designer from College Park School in Westminster.

He has launched his very own website [JK Cartoon Studios](#), where you can find Christmas gift ideas like calendars and postcards.

You can also sign up to the mailing list for a free colouring sheet.



Mental health spotlight



Time to Talk Next Steps

Time to Talk Next Steps provides free support to SEND young people aged 16 to 25 who are experiencing anxiety, isolation and who need support with planning for the future.

You may be in school or in college or have finished all education and be unsure how to move forward. Support is available to help you based on your needs.

What Support Is Available for Young People?

Depending on what each young person wants and needs, there are various types of support available:

One-to-One Online Sessions with a supporter to discuss future plans

Training Opportunities to become a peer supporter or to deliver training for professionals

Peer Support to regularly link up with other young people

Useful Contacts & Networks in your area



- Support will be tailored to each individual
- Our trained staff will focus on: strengths, reducing anxiety, building confidence and countering social isolation
- This project will help young people to think about building independence by providing encouragement and motivation for their future

For more information:

[Visit their website](#)

Phone: 01225 255 268

Email: alice.mccoll@ndti.org.uk

And finally...

Share your thoughts and be in to win!
[Click here to enter!](#)

Winter TO-DO LIST



Drink something warm + festive



Celebrate yourself



Build a snowman

Watch the snow



Bundle up & take a walk



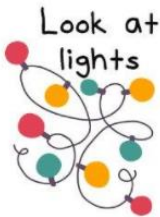
Focus on self-love



Pajama day!



Go ice-skating



Look at lights



Read a good book



Focus on warmth & comfort

Stay inside & do something to relax



Have a movie marathon

BlessingManifesting



Kensington and Chelsea Local Offer

Westminster Local Offer

Get in touch:

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[Kensington and Chelsea Council Young People's Voice Page](#)

[Westminster City Council Young People's Voice Page](#)



THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA



City of Westminster