



**24/11/2022 15:00 - 16:00**

**Title:** Toileting Trial and Triumphs

**Venue:** Online Training using Microsoft Teams (MS - Outlook Calendar invite will be sent to participants who have booked to attend), Online Training using Microsoft Teams

**Trainer:** Shauna Hunt

## **SEND Training - The Bi-Borough Inclusion Service**

### **Toileting Trial and Triumphs**

#### **Outline**

Are you an early year's professional, teaching assistant, SENCO, or parent who knows there is a better way at providing toileting supports, but you aren't sure where to start or you need more ideas?

This 1-hour webinar provides an overview of how bowels and bladders work and covers the problems that can arise during toilet training, including best practice advice on how to manage or overcome common childhood continence problems. Our Occupational Therapists will also review a variety of resources, modifications, adaptive equipment, and sensory strategies that you will feel prepared to recommend or use immediately. Participants will have the opportunity to discuss any current toileting challenges they are facing with the Occupational Therapist's and uncover solutions together.

#### **Description**

During the session, we will have a chance explore:

1. The common difficulties that children with additional needs have in using the toilet
2. Strategies that will help children to overcome these difficulties
3. Resources and activities that may help children to use the toilet more independently
4. Interventions for specific toileting issues

#### **Outcome**

By the end of the training, you will:

- Begin to assess the underlying factors that can often contribute to toileting issues
- Understand how poor interoception and/or unhealthy eating habits underlie common toileting issues such as daytime accidents, night-time bed wetting, stool withholding and constipation
- Be able to assess the child's readiness for toilet training
- Have knowledge of practical strategies to immediately enhance the methods you may be already using
- Understand the role of visual schedules, social stories, rewards and consequences, and sensory

strategies in the toilet-training process

- Feel more confident with helping a child with extreme fears or aversion through the toilet-training process

## Booking Information

To book, please visit:

<https://www.qe2cp.westminster.sch.uk/calendar/?calid=5&pid=186&viewid=45&event=1242>

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Trainer: Shauna Hunt, OT

Code: SEND-1122-T001

Price per delegate:  
From £0.00 to £25.00

Sign up deadline: N/A