DECEMBER 2022

ALL FOR YOUTH

SHARE YOUR VOICE.

NEWZ CREW



Those are some great drawings, Dylan!

This month you can...

Try a new recipe

Look at the artwork of some young people

Find things to do

Learn about the world cup!

Send in your photos, pictures and thoughts to Marianna by email marianna.lill@rbkc.gov.uk or phone/text 07967 760095.

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

City of Westminster

RUTH'S MEATBALL PASTA



Ruth is an active member of Caxton Youth, a place where young people are able to realise their full potential for independence. This recipe, along with many others, can be found in 'A Taste of Westminster, a free cookbook. Contact Marianna by email at marianna.lill@rbkc.gov.uk or phone/text 07967 760095 for a copy.



Recipe Origin: Italy
Prep time: 30 mins
Total time: 40 mins
Difficulty: medium
Serves: 2

Ingredients:

- 150g pasta
- Handful of grated cheese
- 1tbsp oil
- 4-6 meatballs per person
- 100g spinach (optional)

METHOD

1. Boil water and cook pasta according to packet.
2. Drain pasta. Add to baking tray and cover with grated cheese.
3. Preheat oven to 180°C.
4. Heat oil in a frying pan and cook meatballs until brown.
5. Add cooked meatballs (or veggie alternative) and spinach to the cheesy pasta.
6. Bake for 5-10 mins or until the cheese is melted.
7. Serve with a salad.

A great way to warm up from the cold!

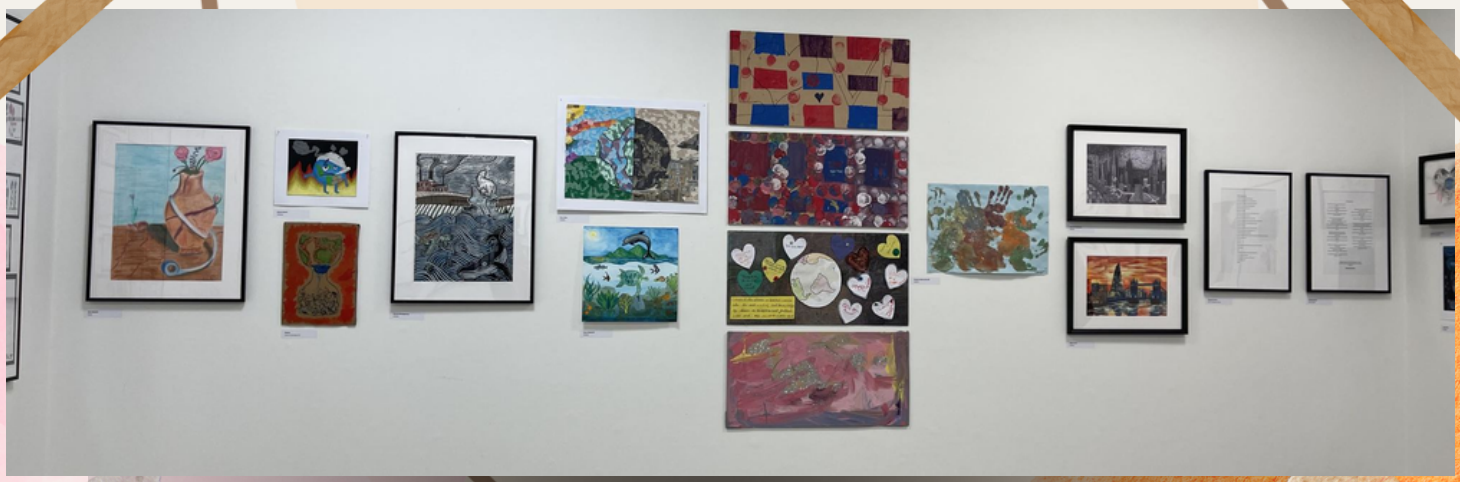




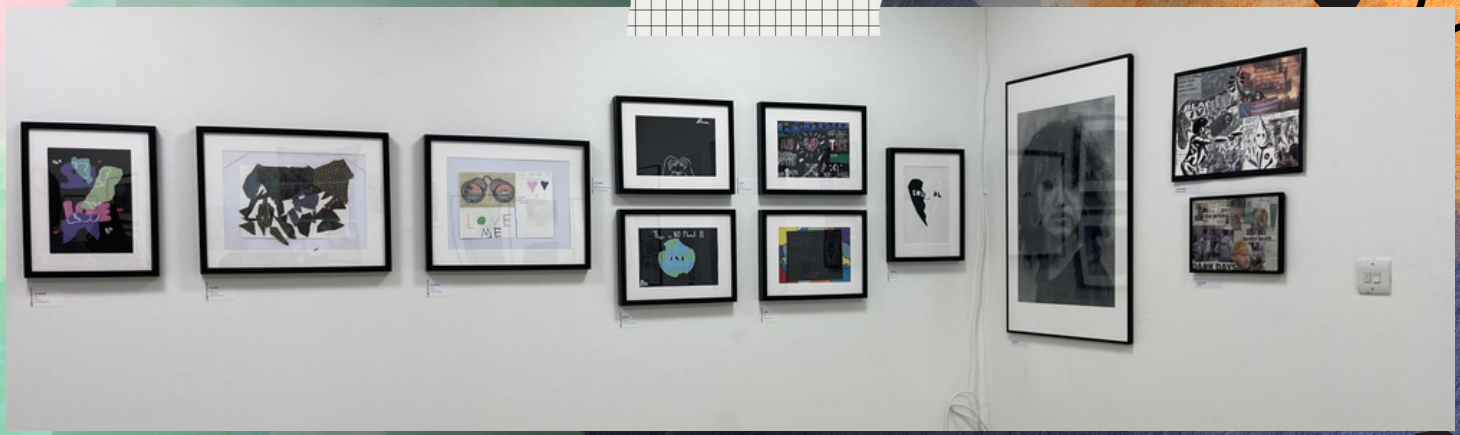
Your Artwork

These pictures were made as part of the Westminster Creative Collective. Young people who used art to express themselves around the topics of love & unity, climate change, and your future and equality

Their art was displayed in the Saatchi Gallery.







WHAT'S On

Flyerz Inclusive Hockey

No matter your age, ability or hockey experience, come and join our inclusive hockey club.
All playing equipment is provided. We recommend a mouth guard and shin pads if participants have them.
Sessions are FREE to attend. Please let us know you are coming in advance by emailing hampsteadflyerz@gmail.com

Every Saturday during term time: 10am - 11:15am
Where to go: Paddington Recreation Ground, Randolph Avenue, Maida Vale, London, W9 1PD



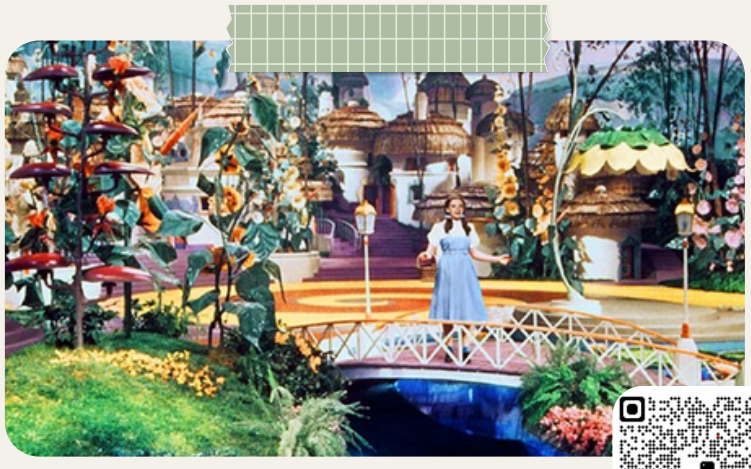
Food and Activities for children and young people during the Christmas Holidays

Scan the QR code for more information



Movie

Ciné Lumiére are playing a relaxed screening of The Wizard of Oz.
Cert. U.
Date: Sunday 18th Sept at 1.30pm, Cine Lumiere, 17 Queensberry Place, SW7 2DT.
Visit their website or scan the QR code for tickets.
Relaxed Screenings are suitable for those with ASD or sensory processing needs and their families.



Jadoodle Socks

£8 each

2 for £14 with code SOCKSFORUS
(& £1 off each extra sock)

5 for £30 with code SOCKSFORALL
(& £2 off each extra sock)

mix + match both sock designs

Click here or scan the QR code to order yours in time for Christmas



World Cup 2022

World Cup Fact File

The 2022 World Cup is being held in Qatar

32 teams will play in the 2022 World Cup

Brazil has won the world cup 5 times

Christiano Ronaldo has scored the most international goals



Who will win the 2022 World Cup?



I think England will win the World Cup – Zach



I think Morocco will come first and England will come second. Morocco have good techniques and strategy – Zaid



I want Poland to win – Sammy



Can you find all the words?

N	L	Q	J	J	Y	F	B	T	X
G	J	C	L	E	A	T	S	F	H
Y	M	I	E	D	R	D	W	R	D
Y	T	E	A	M	D	F	C	E	R
H	D	C	L	U	O	F	L	T	A
F	Y	Z	M	P	J	C	D	N	U
K	B	J	D	E	Y	V	W	E	G
L	R	W	M	C	L	U	H	C	F
V	M	A	I	H	X	D	J	D	F
M	G	B	G	K	R	A	M	L	W

bicycle game
center guard
cleats mark
foul team

Want to play football?

QPR hold training sessions for people with special educational needs or disabilities every Thursday, 5pm -6pm for free!

Where: Paddington Recreation Ground, W9 1PD

Contact Connor on 07483 006 843 or e-mail connor.bagenal@qpr.co.uk
Click here or scan the QR code for more information.

Did you know...

QPR Community trust also run an programme for young people with SEND to help them into employment. Click here or scan the QR code for more information

GOAL!