



23/02/2023 15:30 - 16:00

Title: Bitesize Sensory Circuits Training

Venue: Online Training using Microsoft Teams (MS - Outlook Calendar invite will be sent to participants who have booked to attend), Online Training using Microsoft Teams

Trainer: Shauna Hunt

SEND Training - The Bi-Borough Inclusion Service

Bitesize Sensory Circuits Training

Outline

Are you a primary school based Learning Support Assistant, Teaching Assistant, SENCO who wants to develop their skills of creating a sensory circuit for your students, but you are not sure how or where to start and you need support to do this? Then this quick 30 minute bitesize training is for you. As this is a short Bitesize training specifically looking at Sensory Circuits, Sensory Circuits are based on the theories of Sensory Processing. so some understanding of Sensory Processing will be helpful. We held our in person practical Sensory Strategies workshop recently, If you were not able to make that workshop, look out for our next one next term.

Some examples of Sensory Seeking behaviours that you may see in a child that suggests that they would benefit from engaging in a Sensory Circuit include:

- Constant fidgeting in class
- Slow to start work and constantly missing cues
- Difficulty organising self
- Lethargic and dreamy
- Poor coordination and balance
- Constantly rocking
- Has difficulty paying attention

By engaging in these short individualised Sensory Motor Skills Programme which run for about 10 - 15 minutes, they can help to reduce some of the Sensory Seeking behaviours that may hinder a child's ability to focus in class (please note not all sensory seeking behaviour impacts the child's focus, sometimes those behaviours are how the child regulates and it is helping them to focus).

These activities help to set a child up for the school day. It enables the child to reach the level of alertness needed to concentrate during lessons.

Description

During this Bitesize training, we will have a chance explore:

1. What are Sensory Circuits and why do them?
2. How often, how to order and structure the Sensory Circuit and resources you may need
3. Understanding your child's Sensory Preference

Outcome

By the end of the training;

1. You will gain an understanding why children benefit from completing a Sensory Circuit
2. You will be able to be creative and use the resources you have in your school to create a Sensory Circuit as well as identifying equipment/resources that may benefit the child you are working with
3. You will be able to create an individualised Sensory Circuit for the child you are working with, as you will have an understanding of the child's Sensory preferences.
4. You will have an understanding of the order and structure of a Sensory Circuit - i.e. Alerting, Organising and Calming.

Booking Information

To book, please visit:

<https://www.qe2cp.westminster.sch.uk/calendar/?calid=5&pid=186&viewid=45&event=1268>

Programme

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- Trainer: Shauna Hunt, OT

Code: SEND-0223-T003

Price per delegate:
From £0.00 to £30.00

Sign up deadline: N/A