



**28/03/2023 12:00 - 13:30**

**Title:** [For Parents & Carers] My OT Toolbox

**Venue:** Tresham Centre for Disabled Children and Young People, 4 Lilestone Street, NW8 8SU

**Trainer:** Ellie Lawley

## **SEND Training - The Bi-Borough Inclusion Service**

### **[For Parents & Carers] My OT Toolbox**

#### **Outline**

OK, so your child is now going to school and they see the OT there ... but what about at home? Do you still struggle to understand how best to teach new skills, dressing, cutlery, homework. There is still a need for support at home to generalise skills taught at school and vice versa. However, sometimes the 'old' methods are no longer working and you need fresh ideas, a new way of dealing with the daily frustrations and challenges.

This short course aims to provide you with a toolbox you can dip into when needed. It will provide you with ideas for why certain things are not going smoothly and how to step back, analyse and successfully support new skill building.

Learning Objectives for this course.

1. You will understand how a child learns new skills
2. You will be able to identify goals for improving their independence
3. You will be able to use a range of tools for achieving these goals

#### **Description**

During the session we will discuss how the time and place, and task set up may impact on the successful outcome. We will help you understand how to enable engagement in learning in a fun and non-stressful way. We cover what to look out for (and to try) when things don't quite go to plan, and help you set realistic goals. Finally, we will explore with you a number of tools to help you.

#### **Outcome**

By the end of this short course, we will help you become a detective in your home and out in the community; identifying the clues that will enable you to create effective and calm learning spaces everywhere; unpick what is going wrong and have a few key tools up your sleeve to try when all else has failed.

## Booking Information

To book, please visit:

<https://www.qe2cp.westminster.sch.uk/calendar/?calid=5&pid=186&viewid=45&event=1276>

## Programme

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Trainer: Ellie Lawley, OT

Code: SEND-0323-T005

Price per delegate:  
From £0.00 to £30.00

Sign up deadline: N/A