

English & Communication:

- Book of the term is “Seed to Plant”
- Post 16 have made their own book based on their own growth, from a “Seed to a Plant”.
- Pupils to take part in daily reading that personalised to their level.
- Creative writing, practice handwriting and fine motor skills.
- Topic related activities, including craft, sensory exploration and encourage independence when.

Science:

- Planting our own plants and garden in Post 16.
- Understanding the Life Cycle of a plant/flower.
- To understand the basic life cycle of a plant.

Maths:

- To develop understanding of numbers through real-life contexts.
- To practise counting, measuring, and comparing quantities.
- To use money skills in familiar situations, such as budgeting or shopping.
- To use maths during practical activities, such as cooking or gardening, to support independent living skills.

Plants and Gardening Summer 2026 POST 16

RSHE:

- To develop self-awareness and build confidence in personal identity.
- To understand and express feelings in appropriate ways.
- To build and maintain positive, respectful relationships.
- To develop communication skills for different social situations.
- To recognise personal boundaries and understand the importance of consent.
- To learn how to stay safe in the community and online.
- To develop independence in personal care and daily living skills.
- To make healthy lifestyle choices, including diet, exercise, and hygiene.
- To understand basic life skills needed for adulthood, including decision-making and problem-solving.

My World Around Me:

- To develop awareness of the local community and familiar environments.
- To recognise important places and people in the community.
- To build independence when accessing local facilities and services.
- To understand how to travel safely and confidently in the community.
- To develop social skills when interacting with others in different settings.
- To explore different jobs and roles within the community.
- To understand basic rules and expectations in public places.
- To build confidence in participating in community-based activities.
- To develop problem-solving skills in real-life situations.